



Village of Kingston
671 Main Street PO Box 254
Kingston NS B0P 1R0

ph 902 765-2800
fx 902 765-0807

December 7, 2016

Commissioner D. Holmesdale
Commissioner J. Pierce
Commissioner B. Carter
Commissioner P. Parsons
Commissioner M. West

Dear Commissioner Members:

Attached for your review is the Agenda for the regular Village meeting scheduled to take place at 7:00pm on Wednesday, December 7, 2016 at the Kingston Village Office.



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REGULAR COMMISSION MEETING DECEMBER 7, 2016

AGENDA

1. Review of Minutes of Meeting held November 2, 2016
2. Business Arising from the Minutes
3. Consent to Agenda Items
4. Kings Transit Authority – Presentation by Marnie Parker
5. Committee Reports
 - i. Wastewater
 - ii. Public Works
 - iii. Recreation
 - iv. Tourism
6. Finance Report
7. Clerk's Report
8. Discussions
9. Correspondence
10. Adjournment
11. Capital Workshop – after regular commission meeting



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KINGSTON VILLAGE COMMISSION

MINUTES OF THE COMMISSION MEETING OF NOVEMBER 2, 2016

COMMISSION:

Don Holmesdale – Chair
John Pierce – Vice Chair
Bruce Carter
Paul Parsons
Muriel West

Mike McCleave – Clerk/Treasurer
Janice Hatfield – Administrative Assistant

OPENING

Chair Holmesdale called the meeting to order at 7:00pm.

REVIEW OF MINUTES

Chair Holmesdale asked for a review of the October 5th, 2016 Regular Session meeting minutes.

ON MOTION OF COMMISSIONER WEST AND COMMISSIONER PIERCE THAT THE COMMISSION APPROVE THE REGULAR SESSION MEETING MINUTES OF OCTOBER 5TH, 2016 AS PRESENTED. MOTION CARRIED.

BUSINESS ARISING FROM THE MINUTES

Chair Holmesdale asked if there was any business arising from the minutes of October 5th, 2016.

Commissioner Pierce reported he attended the County of Kings Multicultural Event at the Annapolis Mess, 14 Wing Greenwood and reported this successful event had approximately 200 in attendance.

Commissioner Carter asked if there should be a policy in place for food trucks in the village. Clerk stated the business permit is renewable each year with the County and the Commission could revisit the decision annually if necessary.

Commissioner Carter asked if the Scouts planted the tulips on the weekend. Staff stated the planting day was supposed to be Saturday, October 29th. Commissioner West suggested a letter be sent to the Scouts group thanking them for their initiative and commending them for such a positive contribution. Commission agreed and staff will draft letter.

Commissioner West reported she attended the Free Facilities Access event in Berwick and stated she didn't realize part of the Recreation Coordinator's mandate was to make sure recreational opportunities are made available to the less fortunate.

Commissioner Pierce stated he attended a Celebration of 25 years of Service Event for past Warden Diana Brothers which was well attended. He stated on behalf of the Commission he presented a framed picture of Kingston's Stronach Park in appreciation of her service. Commission agreed to also present a picture to outgoing County Councillor Wayne Atwater for his many years of service possibly at the next meeting. Clerk will send picture choices to Commission for approval.

Commissioner West asked if there were plans to advertise the free Wi-Fi that will soon be available in certain areas of the village. Clerk stated the advertising to the public has not been finalized.

Commissioner West asked if the Kingston Area Advisory position had been advertised. Clerk stated posters had been distributed to six locations in the Village and the ad was submitted to the Aurora newspaper for next week's edition.

COMMITTEE REPORTS – See Full Reports

WASTEWATER

Clerk stated wastewater supervisor has offered to provide a tour of the Sewer Treatment Plant for new commissioners and for those who have not yet toured the facility. Staff will send an email to Commission with possible dates.

RECREATION

Staff will send email to Commission regarding duties for Santa Comes to Kingston for those interested in attending.

Commissioner West suggested possibly incorporating Canada's 150th birthday with Phase One of the David Morse Field Renovation for funding possibilities.

Wastewater, Public Works, Recreation and Tourism reports were received as presented.

MONTHLY FINANCE REPORT – See Full Report

Clerk stated overall the year end position is expected to be favourable.

CAPITAL PROJECTS 2016-17

BISHOP AVE/PRINCE ST SEWER LINE REPLACEMENT

Clerk stated Mid Valley Construction is supposed to start work on the project on Monday, November 7th.

VCFN / CAMERAS

Clerk stated the work of installing fibre cable is being done today, tomorrow and next week and that by the end of November the job should be completed with cameras and Wi-Fi. Clerk stated he spoke with NS Power and was told that cameras cannot be installed on power poles unless they are on streetlight arms. Clerk stated he may approach local businesses about allowing them on their buildings.

SEWER TREATMENT PLANT PANEL REPLACEMENTS

Clerk stated the electrician is scheduled for November.

PANEL REPLACEMENT KN #3

Clerk stated the electrician will replace the panel this month.

PROPERTY TAX ACCOUNT

Commissioner West asked about the status of the delinquent property tax account. Clerk reported a substantial payment was made by the property owner and they are now set up on a pre-authorized payment plan.

Monthly Finance report was received as presented.

CLERK'S MONTHLY REPORT – See Full Report

CHRISTMAS DINNER

The Commission decided on Menu #2 and staff will confirm that the Falcourt Inn wants individual pre-ordering. Commissioner Carter stated he will not be available.

STEER BBQ COMMITTEE LETTER

After a discussion the Commission decided it would not be possible for Commissioners to participate in the Chair/Co-Chair system because of their terms of office.

ON MOTION OF COMMISSIONER PIERCE AND COMMISSIONER CARTER THAT THE VILLAGE SEND A LETTER TO THE STEER BBQ COMMITTEE STATING THEY SUPPORT THE CHAIR/CO-CHAIR SET UP BUT THAT THE COMMISSION WOULD STEP AWAY FROM THE CHAIR/CO-CHAIR POSITIONS AND WOULD CONTINUE TO SIT ON THE EXECUTIVE AND PROVIDE STAFF FOR CONTINUITY. MOTION CARRIED.

SCOTT PECKFORD

The Commission deferred the decision regarding the sewer tax charges to Mr. Peckford to the next meeting while waiting for a legal opinion.

TOWN CRIER

Clerk reported the position of the Town Crier for the Village of Kingston needs to be officially renewed with the new Village Chair.

ON MOTION OF COMMISSIONER PIERCE AND COMMISSIONER PARSONS THAT THE VILLAGE OF KINGSTON PROVIDE A "LETTER OF APPOINTMENT" TO LLOYD SMITH, CONFIRMING HIS POSITION AS THE VILLAGE'S HONORARY TOWN CRIER FOR THE DURATION OF THE OFFICE OF THE CHAIRPERSON. MOTION CARRIED.

SPEED SIGN REMOVAL

After a discussion the Commission decided to leave the speed sign out until December 2016 and then store it for the winter until March 2017.

LEFT TURN SIGNAL

Clerk reported he received a letter today from the Department of Transportation stating they installed a camera in October to count traffic at the intersection of Bridge St. and Main St. and they are waiting for the results of the data.

WATER SYSTEM

After a discussion the Commission decided to send a letter to the County asking if they could pursue getting a water system for the Village.

CAPITAL BUDGET MEETINGS

Clerk presented the schedule for budget meetings and after a discussion the Commission agreed to hold another meeting outside of the 1st Wednesday of the month Regular Session meeting dates.

Monthly Clerk report was received as presented.

CORRESPONDENCE:

REMEMBRANCE DAY INVITATION

Chair Holmesdale stated he received an invitation from the Royal Canadian Legion Branch #98 to attend the Remembrance Day Service and banquet on November 11, 2016 and confirmed he will attend.

PUBLIC MEETING – TELECOMMUNICATION TOWER

Chair stated the Village received a letter from the County of Kings' planning department with notification of a public meeting to take place on Wednesday, November 23, 2016 at the Kingston Fire Hall at 7pm. Eastlink has applied to site a 131 foot telecommunication tower on a commercially zoned property at 820 Main Street and the meeting is to solicit input from the public, particularly those that own property within

1000 feet of the proposed location. Clerk stated as cell phones today hold more data there is a need for more towers and that the infrastructure is needed to support new technology.

**FESTIVAL AND COMMUNITY EVENTS AND FUNDING POLICY REQUEST -
SQUASH CF PUMPKIN LAUNCH**

Chair Holmesdale stated the Policy and Finance Committee reviewed a request for funding in the amount of \$1,000 from the organizer of the 2016 Squash Cystic Fibrosis Pumpkin Launch Event to be held at the Credit Union Centre ball field on November 5th. The committee is recommending, as in previous years, a contribution in the amount of \$750.00.

ON MOTION OF COMMISSIONER PIERCE AND COMMISSIONER HOLMESDALE THAT THE COMMISSION APPROVE THE FUNDING REQUEST IN THE AMOUNT OF \$750.00 FOR THE 2016 SQUASH CF PUMPKIN LAUNCH EVENT TO BE HELD ON NOVEMBER 5TH. MOTION CARRIED.

ADJOURNMENT

ON MOTION OF COMMISSIONER PIERCE THAT THE MEETING BE ADJOURNED AT 8:55PM. MOTION CARRIED.

COMMISSION CHAIRPERSON

CLERK/TREASURER



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REPORT TO VILLAGE COMMISSION

From: **Danny Lundrigan, Public Works Supervisor**
Date: **December 7, 2016**
Re: **Environmental Services Report**

Since the last monthly report, Mid Valley Construction has finished the replacement of the old concrete sewer line on Bishop Ave, Prince St and Windsor St easement. Pipe on Bishop Ave and Prince St was installed in the same footprint as the existing sewer line. The section of line on Windsor St easement was rerouted slightly as per design, to avoid soil and driveway restoration on both properties. Three quarters of this section of old concrete pipe was abandoned instead of digging it out because design shifted the location of new pipe but still within the easement boundaries. Reinstatement of asphalt on Bishop Ave and Prince St should be next week.

The Panel Shop came back to Kingston to install the new PLC in our KN-12 lift station panel that was reported last month as the main problem causing pumps not to alternate as per normal operation. The lift station was still able to pump station down in auto mode but only with both pumps coming on at the same time. PLC was installed and lift station is back to normal operation. The Panel Shop was also down to install the voltage monitor in the new KN-3 lift station panel installed last month. Original voltage monitor in new panel was cracked upon start-up of the panel and was replaced under warranty. The Panel Shop also checked out KN-9 lift station problem with the Omni Site controller at Pine Ridge Middle School lift station. Technician determined that the Crystal Ball had to be sent away for repair and new Crystal Ball that was ordered last month was installed and programmed. Afterwards, staff went to each station with the Panel Shop technician and programming of each Crystal Ball was recorded so that wastewater staff can install and program any future Crystal Ball replacement with a simple phone call to the Panel Shop.

A resident on Elm St, who has been having sewer problems periodically over the last year, called again to say that sewer was blocked and flooding the basement floor. The main sewer line was checked again by staff but there were no problems in the main sewer. Spoke with the plumber that snaked the line out and he indicated that problem seemed to be out by the main line that was replaced by staff 12 plus years ago. Staff borrowed video camera from Rafuse Mechanical and videoed house line to determine problem. Video showed a major dip in the sewer service under the driveway apron and shoulder area. Video also showed that T for service was angled upward slightly taking away much needed grade. Staff cut roadway and excavated so staff could turn inline T downward to pick up grade. Dip in pipe was also replaced with new 4 inch pipe. Staff will reinstate asphalt when contractors patch Prince and Bishop.

Staff received complaints that Elizabeth Ave sewer easement was giving a few residents sewer backup problems. Staff checked main line and found that main line had a blockage. Sewer rods were used by staff to unplug sewer blockage; 250 feet of this easement was replaced last year by staff. The remaining 175 feet is asbestos pipe and should be replaced through the capital budget priority list.



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REPORT TO VILLAGE COMMISSION

From: **Danny Lundrigan, Public Works Supervisor**
Date: **December 7, 2016**
Re: **Public Works Report**

Nov 28 winter seasonal employee started back to work. Jeff is back for a third season and has been busy pruning back overhanging limbs over the sidewalks throughout the village. To date staff has only been out to salt and sand sidewalks once but snow is in the forecast starting next week.

Christmas lights were installed throughout the village in the usual areas as well as on a couple of blue spruce trees which were planted 3 years ago in the downtown core. Seasonal banners were also installed and staff would like to thank Mid Valley Construction for the use of their boom lift to install lights on the big blue spruce tree. The tree is too tall to install Christmas lights with step ladders.

All plough gear has been inspected and serviced for winter. Plough gear under mounts on the Dodge Ram 2500 had to be taken to local welding shop to replace bent bracket and install new bolts. The 4060 Kubota tractor had to be sent to Nova International to change the leaking front end wheel seal. Seal was replaced earlier in the summer under warranty.

Public Works staff has started the construction of the outdoor rinks on the tennis courts which is usually framed up by the O2 class from West Kings high school. Staff decided to proceed with construction because of recent publicly announced job action with the teachers union.

Dec 6 there was evidence of motorized vehicle vandalism on the grass area around the newly installed tulip bed by the Cub Scouts. It was obvious ATV type of tracks that tore up sod by doing what looks to be power turns. We also had garbage vandalism at Stronach Park the week before where garbage cans were thrown into the duck pond.



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REPORT TO VILLAGE COMMISSION

From: **Glen Abriel, Recreation Coordinator**
Date: **December 7, 2016**
Re: **Recreation Report**

PINE RIDGE MIDDLE SCHOOL – Girls Multi-Sport Afterschool Program – Nov – Dec 2016

- (1) Leader – 15 Pine Ridge Girls – Mondays & Wednesdays at Pine Ridge School. Program has ended early due to Teacher work action. The Leader was a teacher.

SENIORS FITNESS INSTRUCTOR 2016 / 17

- Helen Malo is our instructor for the Fitness Program. Averaging 30 participants.

WALK & ROLL – THURSDAYS 1:30PM – 2:30PM AT THE KINGSTON LEGION

- Located at the Kingston Legion. Initiated by the NS Senior's Program. Anyone who requires walking assistance is welcome to attend.

SANTA COMES TO KINGSTON – FRI DEC 2nd - 6PM - 8PM - NO PARADE OR WAGON RIDES

- Many thanks to all the Commissioners who were able to attend and participate in the evening's activities. Food Bank donations were 348 lbs of food & \$127.00 financial. Many thanks to volunteers and residents who came out to support the evening and enjoy the Christmas season.

WEST KINGS HIGH SCHOOL RENOVATION PROJECT

- Working in partnership with West Kings School & AVRSB Gerry Wilson – Procurement Officer. The Committee has secured an organization to finalize the Feasibility Study which will enable Grant applications to proceed in the future. Completion of the study is expected to be Feb 2017. The terms of reference for the organization completing the study is to review the previous work completed by the Acadia student and fill in any gaps left by that student.

OUTDOOR RINK PLANNING

- Both tarps have been purchased. West Kings High School O2 students are unable to do the work under the direction of their teacher due to the Teachers Work Action. Glen will communicate with Public Works to discuss options. Glen has made initial contact with the Kingston Volunteer Fire Dept. in order to have some water dumped onto the surface in the near future. Thanks to Public Works for all their assistance & expertise.

NEW YEAR'S EVE – SAT DEC 31ST 6PM – 9PM – CREDIT UNION CENTRE

- All Commissioners & staff are invited to come & assist with serving hot cider & hot chocolate during the evening.
- A meeting was held at the Village office EARLY in November to discuss planning & purchases with the New Year's Eve Committee.
- Donations are steadily coming into the office.
- Fireworks have been confirmed with a larger amount requested.
- Lions Club will be doing Chili preparation again.
- New Years Eve mailer should be in mail boxes before Christmas.

KINGSTON SCHOOL – BEFORE SCHOOL PROGRAM - 2 DAYS PER WEEK

- Trailblazer Program for Primary/Grade 1's – (1) Leader / (2) Assistants from West Kings – (16) Participants. Mondays & Thursdays after school from 3 to 5pm - very successful program.

PINE RIDGE SCHOOL COMMUNITY BADMINTON – TUESDAY EVENINGS 6-8PM

- Youth badminton from 6-7pm / High School & Adult Badminton 7-8pm.

ADULT SKATING – MONDAYS 10:30AM - NOON

- Consistently 12 participants.

ADULT TAI CHI – STARTING MONDAYS & THURSDAYS - 6:30PM – 7:30PM

- Location will be in two spots for the Tai Chi – Mondays at the Kingston Baptist Church downstairs & Thursdays at the Kingston School small Cafeteria. Everyone welcome.

**FREE FACILITY ACCESS –
CREDIT UNION CENTRE DEC 2016**



**FREE SKATING UPCOMING AT THE
KINGSTON CREDIT UNION CENTRE**

- THURSDAY DEC 1ST 1:30 – 3PM
- SATURDAY DEC 3RD 1:30 – 3PM
- SATURDAY DEC 10TH 5:30 – 7PM
- THURSDAY DEC 15TH 1:30 – 3PM
- SATURDAY DEC 17TH 5:30 – 7PM

CHRISTMAS BREAK PUBLIC SKATING

- THURSDAY DEC 22ND 1:30 – 3PM
- FRIDAY DEC 23RD 3:30PM -5PM
- SATURDAY DEC 24TH 1:30 - 3PM
- CLOSED DEC 25TH & 26TH
- TUES DEC 27TH – FRI DEC 30TH
1:30 – 3PM

We strongly encourage everyone to bring their helmets. We have some helmets available, so please ask if you need one!

**ALL TIMES ARE SUBJECT TO CHANGE WITHOUT
PRIOR NOTICE.**

Please call prior to arriving at the rink
902-765-2516 or visit www.wkaa.ca





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REPORT TO VILLAGE COMMISSION

From: **Mike McCleave, Clerk/Treasurer**
Date: **December 7, 2016**
Re: **Monthly Finance Report**

RECOMMENDATION

That this report be received for information.

GENERAL OPERATIONS

Through the first 8 months of the year, there are minor variances with most budget accounts. Overall, the year end position is expected to be favourable.

Our summer jobs grants had unfavourable variances of \$2,300 for Daycamp and \$1,000 for the Visitor Information Centre.

Our HST Offset grant was \$9,431.00 (budget of \$3,000). This amount is calculated based on the HST paid by the Village of Kingston in comparison to the total HST paid by all municipalities and villages in Nova Scotia.

Snow removal is currently \$6,000 under budget. This is mainly due to the shortened winter last spring.

Sewer Treatment electricity costs currently have an \$8,000 favourable variance.

The sewer treatment plant and collection system maintenance accounts have a combined favourable variance of \$10,000. (STP = +\$4k, Collection = -\$14k)

Village maintenance budget currently has a favourable variance of \$14,000

CAPITAL PROJECTS 2016-17

BISHOP SEWER LINE REPLACEMENT

Mid Valley Construction is nearing completion of project – 100% funded by Gas Tax

VCFN Fibre / Wi-Fi Installation (\$40,000 budgeted – 2015/16 budget)

Village fibre network is installed. Village is waiting for connection to VCFN network.

Public Wi-Fi has yet to be installed and cameras are 50% installed but not operational.



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REPORT TO VILLAGE COMMISSION

From: **Mike McCleave, Clerk/Treasurer**
Date: **December 7, 2016**
Re: **Monthly Clerk's Report**

Scott Peckford

Scott has appealed his sewer charges on the property AAN# 03757943. The Commission needs to provide a formal response to his appeal. See legal response in separate handout.

Left Turn Signal

Joe Crowell, DTIR, is expected to provide an update soon.

Commissioner Accessibility

Daisy Dwyer has requested the personal email addresses of all commissioners. I had explained to her that the Village of Kingston has a method in place where the email is sent to admin@kingstonnovascotia.ca, which I receive, and I forward the email to the five commissioners. With this procedure, the village felt that commissioners could be updated together with any other pertinent information provided by the clerk.

Does the commission want to move away from this consolidated method of email, and/or does the commission want to have their email addresses and/or phone numbers provided on the website for public access? One other option is to have @kingstonnovascotia.ca email addresses for each commissioner. Depending where you want to receive this email and on your computer setup this may be easy or not.

Sewer By-Law

Please review the updated sewer by-law for approval and submission to the Minister of Municipal Affairs.

Capital Budget

January 4, 2017 – Regular Commission Meeting

Prioritize projects based on urgency and Village Commissioners' goals

February 1, 2017 – Regular Commission Meeting

Capital Budget Analysis and Discussion, re-organize, if necessary, any projects based on financial considerations

March 1, 2017 – Regular Commission Meeting

Capital Budget Approval, can defer to April 5, 2017 Regular Commission Meeting if more discussion is needed.



LIONS CLUB

P.O. BOX 339
KINGSTON, NOVA SCOTIA
B0P 1R0

30 November 2016

Kingston Steer BBQ and Village Fair Committee:

On November 21st the membership of the Kingston Lions Club reviewed your Committee's proposal (Letter of 14 Sept, 2016) to adopt a system whereby there is a Chairperson and a Co-Chairperson (or Vice-Chairperson) on the Steer BBQ Committee each year.

It is understood by the Club that the adoption of this proposal would result in the Co-Chairperson being mentored by the incumbent Chairperson in one year then automatically move up to be Chairperson the following year. This would provide a measure of continuity from year to year but would entail a two-year commitment on the person accepting or volunteering to be the Co-Chairperson. It is also recognized that, due to unforeseen circumstances, a situation may arise whereby the a co-Chair in one year may have to be replaced by the incumbent organization in the year they would have been Chair.

Implementation of this proposal would see the Legion repeat (we understand that Mr. Greg Peck has volunteered to be the 2017 Chairperson) as Chair of the event in 2017, that the Kingston Lions would provide the 2017 Co-Chairperson and that the Kingston Lions 2017 Co-Chairperson would then be Chairperson of the 2018 event.

The existing Chairperson rotational schedule of Legion-Lions-Village would be maintained as long as all three entities are organizationally involved.

On the 21 November, 2016 the membership of the Kingston Lions voted to accept this proposal pending it's adoption by the other partners. Please provide written confirmation that the other partners have either agreed (or not) to your proposal.

As always, the Kingston Lions are committed both to the Community and to the continued success of this signature local event.

Lion Pat Nixon
President
Kingston Lions Club

Info

Royal Canadian Legion Kingston, Branch #98
Village of Kingston



7th Annual Musical Gift for the Kingston Upper Room Food Bank
Chris Palmer & Friends

Dear Friends,

The Kingston Lions club, in cooperation with Chris Palmer, are pleased to support the 7th Annual Musical Gift for the Kingston Upper Room Food Bank,

We are asking for your support in the way of an ITEM to be auctioned by way of a SILENT AUCTION at the 7th Annual Musical Gift for the Kingston Upper Room Food Bank,

This event will take place on Sunday the 18th of December 2016 from 2:00 PM until 4:00 PM. at the Kingston Lions Hall.

All proceeds will go directly to the Kingston Upper Room Food Bank,

We feel that Community support is greatly needed not only at Christmas but especially during the Months of January & February and throughout the year.

Please support those in our Community who are less fortunate especially over the winter months.

We thank you in advance for your generous support and ask for a reply by MONDAY the 12th of December 2016.

To all of you we extend a Special Blessing this Christmas and throughout the New Year.

Sincerely,

Harley Hazelwood

Harley Hazelwood 765-3143
Kingston Upper Room Food Bank Manager

Lion Pat Nixon
President Kingston Lions Club





Royal Canadian Legion

Alvin H. Foster M.M. Memorial Branch #098

P.O. Box 2, Kingston, NS B0P 1R0
1472 Veterans Lane
FB: Kingston Legion Br. 098

Branch: 765-4428

Website: www.legion98.com
email: legion98sect@eastlink.ca



Office: 765-4920
Fax: 765-2479

November 25, 2016

Dear Sirs/Madams,

We are writing regarding government grants which will become available for the 150th Anniversary of Canada next year, the Canada 150 Fund. Here is a link to the guidelines:

<http://khehr.liberal.ca/files/2016/05/Canada150FundGuideEN.pdf>

We would like your opinion, do you think our organizations should get together to talk about this? Perhaps meet for a discussion, there are many topics which could be covered...whether we should file an application as a group or do you want to each apply for projects individually? And if applying individually we would need to ensure our ideas do not conflict or duplicate etc. Maybe investigate individual grants that would work together for a larger project?

We await your response and thank you for your time.

Regards,

Pres. D. Geddes
Royal Canadian Legion Br. 098

www.squashcf.org

Squash CF follow-up report

It is with profound humility that we extend our sincere appreciation for your support for our annual Squash CF Pumpkin Launch.

This year we managed to raise over \$5100.00, for our efforts in fighting Cystic Fibrosis!

We were lucky enough to have received great media attention including three local papers who presented significant stories on our event, and our own 89.3 KROCK radio kept the public well informed in the weeks leading up to our big day. We are thrilled that our local CF Chapter spawned two more Squash CF events in Canada including Moncton, New Brunswick and Ottawa, Ontario. Our dream of Squash CF becoming a national event is quickly being realized!

Our attendance seemed to be better than previous years thanks to the entire community who continues to support CF and all our Chapter initiatives.

It is difficult to get an accurate head count but estimate that we had about 800-1000 people throughout the days event.

We gained a couple of new sponsors this year and retained most of the same sponsors as previous years to date... a true reflection of the support for our event.

The Village of Kingston was an integral part of the success of Squash CF once again. Special thanks go out to the grounds crew who helped us dismantle the slingshots and store them for us once again.

Tim Vallillee & Agatha Bourassa

Squash CF Coordinators
South West Nova & Valley CF Chapter

765-0609
14641 Hwy #1 Wilmot, NS
B0P 1W0

Société Alzheimer Society

NOVA SCOTIA

Martha Armstrong
Village Commissioner
PO Box 254
671 Main Street
Kington, NS B0P 1R0

Dear Martha,

The Alzheimer Society of Nova Scotia invites you to our Annual Alzheimer Awareness Breakfast this January. Thank you for supporting this event in the past.

The Berwick Breakfast will take place on Tuesday, January 10 at the Kings Mutual Century Centre.

We are excited to announce our speaker, Dr. Cassidy, a community psychiatrist and Assistant Professor in Geriatric Psychiatry at Dalhousie University. She has a degree in neurobiology from Yale University and has academic interests include late life mood and anxiety disorders, the neurobiology of healthy aging, and the application of cognitive behavioural therapy for health promotion and resilience across the lifespan.

Dr. Cassidy has been actively involved in a provincial and now national initiative, the Fountain of Health Initiative for Optimal Aging for the past five years, and currently spearheads a provincial effort to bring healthy aging tools to primary care clinicians to jumpstart health behavior change in office settings.

You can learn more about the events, and purchase your tickets today by:

- Visiting alzheimer.ca/ns to purchase tickets online
- Calling the Alzheimer Society of Nova Scotia at 1-800-611-6345

The Alzheimer Awareness Breakfast helps fund initiatives that support various programs for people living with dementia in Nova Scotia.

Thank you in advance for your consideration. We look forward to having you join us.

Sincerely,



Lloyd Brown
Executive Director
Alzheimer Society of Nova Scotia

P.S. Your support and attendance will help make the Breakfast a success!



Royal Canadian Legion

Alvin H. Foster M.M. Memorial Branch #098

P.O. Box 2, Kingston, NS B0P 1R0
1472 Veterans Lane
FB: Kingston Legion Br. 098
email: legion98sect@eastlink.ca



Branch: 765-4428
Office: 765-4920
Fax: 765-2479

November 15, 2016

Mr. Don Holmesdale
Kingston Village Commissioner
PO Box 254
Kingston, NS
B0P 1R0

Dear Don:

Thank you for attending and participating in our Remembrance Day Ceremony on 11 November 2016.

Your comrades here at Branch #098 and those who attended the ceremonies appreciate you helping us commemorate the brave men and women who gave the ultimate sacrifice.

Yours in comradeship,



Dave Geddes
President Br. 098