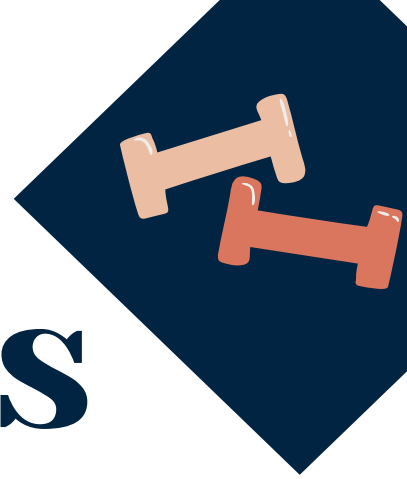




50+



Fitness Classes

**Tuesdays, Wednesdays &
Thursdays**

10:00am – 11:00am

Starting September 13

**FireHall – Sparky St
Helen & Karen**

Drop in: \$5

Pass Card:

10 classes for \$40

20 classes for \$80



Purchase pass cards at the Village of
Kingston Office - 655 Main St. 902-765-2800





Fit for you Classes



Tuesdays – Legion
Thursdays – Firehall
7:15pm – 8:15pm
Starting September 13
Sandye – CanFitPro FIS



Drop in: \$5
Pass Card:
10 classes for \$40
20 classes for \$80

Purchase pass cards at the
Village of Kingston Office
655 Main St. 902-765-2800

