

## We Can Help!

If you need assistance or wish to receive an application, or if you are not sure that your ideas meet the criteria, please call:

Village of Kingston Recreation  
**(902) 765-2800**

Municipality of the County of Kings  
Recreation Services  
**(902) 690-6101**

Berwick Recreation Department  
**(902) 538-8068 ext. 8616**

Nova Scotia Department of Communities,  
Culture and Heritage,  
Communities, Sport & Recreation Division  
**(902) 679-5161**

## Send your application to:

Village of Kingston Recreation  
Attn: Glen Abriel  
PO Box 254, 671 Main Street  
Kingston, NS  
B0P 1R0

**Email:** [recreation.kingstonnovascotia.ca](mailto:recreation.kingstonnovascotia.ca)

## This Fund is a Partnership of:

Village of Kingston Recreation

County of Kings Recreation Services

Berwick Recreation Department

Western Kings Memorial Health Society

Nova Scotia Department of Communities,  
Culture and Heritage, Communities, Sport &  
Recreation Division



## Western Kings



This fund is meant to help the community develop innovative, non traditional, creative physical activity initiatives that enable children and youth to lead physically active lifestyles

## What is the **Western Kings Active Kids, Healthy Kids Fund?**

A fund to fund initiatives that provide children and youth of Western Kings County (Cambridge to Kingston including the North and South Mountains) physical activity opportunities that enable them to lead physically active lifestyles or that address risk factors to participating in physical activity such as: healthy eating, mental health, etc.

## Guidelines

- Projects must increase physical activity of children and/or youth in Western Kings County (Cambridge to Kingston and the North and South Mountains).
- Up to \$1000.00 per project to allow the committee to support a variety of projects
- Projects must be sustainable
- An evaluation plan should be created to show success in increasing physical activity
- Applications will be accepted beyond the deadline however there is no guarantee funds will be available
- If a Final Report is not submitted the group cannot apply the following year

## Thinking of Applying?

### Higher priority will be given to:

- New projects
- Projects that help inactive children and youth become active
- Projects that are innovative, nontraditional or creative
- Projects that involve other community partners
- Projects that involve youth in the planning or leadership of the program
- Projects that create supportive environments and policies

### Lower priority will be given to:

- Capital Projects
- Special Events
- Longstanding, ongoing projects
- Projects spearheaded by a for profit organization
- Projects spearheaded by a Municipal Recreation Department

**NOTE:** School varsity sports teams are not eligible to receive funds.



## Funding Timeline

**FRI OCTOBER 25TH, 2019**  
Application Deadline

**END OF OCTOBER 2019**  
Committee Reviews Applications

**START OF NOVEMBER 2019**  
Groups will be notified of funding

**FEBRUARY 1st, 2020**  
Final Report Submitted  
*(The project does not need to be complete, but money should be spent so receipts and an update can be provided)*

**NOTE:** 75% of funds are distributed in April and the remaining 25% once final report is received.