



# FRIDAY, SEP. 6

## SMILETRAIN 5K

### 5K Run / Walk Fundraiser

This is a charity run/walk with all funds going to [smiletrain.org](http://smiletrain.org) to cover free surgery for infants and children in 3<sup>rd</sup> world countries for cleft lip and palate repair.

FRI. SEP 6<sup>TH</sup>  
6:30PM

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ADULTS \$25

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YOUTH \$10

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FINISHER MEDALS

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REGISTER @  
[RUNNINGROOM.COM](http://RUNNINGROOM.COM)

WHERE: PARAGON GOLF COURSE  
380 BROOKSIDE DR. KINGSTON, NS

AFTER RACE: PARAGON CLUBHOUSE IS OPEN FOR FOOD & BEER